



**TWICKENHAM YACHT  
CLUB**  
Founded 1897

**STANDARD SAILING INSTRUCTIONS**

These Sailing Instructions are effective from  
1st March 2018  
and supersede all previous Sailing Instructions issued

# TWICKENHAM YACHT CLUB SAILING INSTRUCTIONS

## 1.0 RULES

Racing will take place under the current Racing Rules of Sailing (RRS) which are revised and published every four years by World Sailing, the prescriptions of the RYA, these Sailing Instructions, and the appropriate class rules, except for the following:

RRS 29.2 - General Recall. (See sailing instruction 7.5)

RRS 44.1 – Penalty for touching a Mark. (See sailing instruction 12.1)

## 2.0 CONDITIONS OF ENTRY

### 2.1 General

The safety of a boat and her entire management including insurance shall be the sole responsibility of the owner/competitor racing the boat who must ensure that the boat and crew are adequate to face the conditions that may arise in the course of the race. Neither the establishment of these Sailing Instructions nor the inspection of the boat under these conditions in any way limits or reduces the absolute responsibility of the owner/competitor for his or her crew and boat and the management thereof. The race organisers shall not be responsible for any loss, damage, death or personal injury howsoever caused to the owner/competitor, his/her skipper or crew as a result of their taking part in the race or races. Moreover, every owner/competitor warrants the suitability of his/her boat for the race or races.

### 2.2 Insurance

Each participating boat shall be insured with valid third party liability insurance with a minimum of £1,000,000 third-party indemnity.

### 2.3 Measurement or Rating Certificates

The race office reserves the right to inspect a boats current measurement or rating certificate then rule RRS 78.2 may be implemented at the discretion of the race committee if the certificate is not available for inspection. Boats may be measured before or after any race at the discretion of the race committee.

### 2.4 Distinguishing Numbers

Under exceptional circumstances, and provided that the class rules allow, the race committee may permit a boat to use sails carrying a distinguishing number other than that required by rule RRS 77.

### 2.5 Eligibility

Competitors shall comply with the appropriate class rules. To be eligible to enter an event competitors shall:

- for club events, be fully paid up members of Twickenham Yacht Club.
- for open events, have completed and had accepted an entry form and paid the required fee.
- non-members may compete in club events as crew only for fully paid up members of Twickenham Yacht Club.

## 3.0 SAFETY

### 3.1 Personal Buoyancy (Personal floatation device)

Adequate personal buoyancy must be worn:

- by all crew members whilst competing in the winter series.
- by all persons under 16 years whilst afloat at any time.
- by all crew members when International Code Flag "Y" is flown.

Under all other circumstances it is the personal responsibility of crew members to decide whether to wear a personal

flotation device. Neither a wet suit nor a dry suit constitutes adequate personal buoyancy.

### **3.2 Rescue**

The priority of the support boat is the safety of competitors and the Club cannot accept responsibility for damage to boats or equipment.

### **3.3 Abandoned Race**

The race may be abandoned at any stage by either the Race Officer or the Support Boat Operator if in either of their opinions, conditions warrant cessation of racing. International Code Flag "N" will be flown.

## **4.0 COMMUNICATIONS WITH COMPETITORS**

### **4.1 Class Signals**

<b>Class</b>	<b>International Code Flag</b>
Enterprise	E
Solo	Numeral Pennant No. 1
National 12	T
Junior Handicap	J
Handicap	H

### **4.2 Notices to Competitors**

Notices to competitors will be posted in the most appropriate form for the communication. This includes the Clubhouse notice board, outside the Starter's Box, by e mail or on the Twickenham yacht club website.

### **4.3 Changes in Sailing Instructions**

Any changes in Sailing Instructions will be posted at least 30 minutes before the advertised starting time of the race or races concerned. Changes in the sailing instructions will be indicated by flying International Code Flag "L". Flag "L" will not be lowered until after the start of the last race to which the changes apply.

## **5.0 SIGNALS MADE ASHORE**

Signals made ashore will be hoisted on the flagpole located above/adjacent to the Starter's Box in use.

## **6.0 COURSE INSTRUCTIONS**

### **6.1 Course**

The course to be sailed and the number of laps shall be displayed for each race on the Starter's Box and/or verbally to all competitors before the warning signal.

If appropriate a diagram of the course will be displayed on a board either in the clubhouse or outside the Starter's Box.

### **6.2 Changes in position of marks during a race**

6.2.1 Course marks may be moved during a race when, in the opinion of the Race Officer, this will improve the quality of the course. In this event marks shall only be moved under one of the following conditions:

- no boat in a particular race has rounded the mark.

- if any boat in a particular race has rounded the mark all boats in the same race must have completed their rounding of the mark on the same lap before the mark is moved.

6.2.2 A change in a particular course will be signalled near the mark beginning the leg being changed by a race committee boat that will display International Code Flag "C" accompanied by a repetitive sound signal. The change will be signalled before the leading boat has begun the new leg.

## **7.0 STARTING**

## **7.1 Starting Times**

Starting times will be published in the Sailing Programme, Open Meeting Notice or Regatta Notice. Any amendments will be displayed on a notice board in the Clubhouse.

## **7.2 Signals**

The Twickenham Yacht Club Burgee will be flown from the starter's box in the lower dinghy park.

If a committee boat start or alternative start line is to be used then all competitors will be informed of any variations or changes before the preparatory signal is sounded.

## **7.3 Starting Lines**

7.3.1 The Starter's Box in the lower dinghy park - the line is indicated by the alignment of one white spar mounted on the riverside of the Starter's Box and a second white spar mounted on the Surrey bank.

7.3.2 Alternative Starting Line at Orleans Park steps - the line is defined as the line between a mast bearing the Twickenham Yacht Club Burgee mounted on the Middlesex bank and an outer distance mark.

7.3.3 Committee Boat - the starting line is defined as the line between a mast bearing the Twickenham Yacht Club Burgee on the committee boat, and an outer distance mark.

## **7.4 Starting Procedure**

The starting procedure will be in accordance with rule RRS 26.

In club racing and regattas classes are usually started at five minute intervals.

## **7.5 General Recall**

In the event of a general recall during a series of consecutive starts the recalled class or classes will be restarted at the end of the start sequence. The warning signal for the first recalled class will be displayed at the starting signal for the last scheduled start. When more than one class is recalled the restarts will be in the same order as the original sequence and at the same five minute intervals.

## **8.0 FINISHING**

### **8.1 Finishing Lines**

The finishing line used will be the same as the start line used unless special instructions have been issued to competitors.

### **8.2 Direction of Finishing**

Finishing boats shall sail across the finishing line in an upstream direction unless a downstream finish is indicated by International Code Flag "D" or instructions were issued to competitors specifying a downstream finish before the preparatory signal for that race.

Competitor's attention will be drawn to the International Code Flag "D" by one long sound signal.

The downstream finish signal will be made when the leading boat has rounded what was the last mark of the course or, if this is not in sight of the Box, when the leading boat comes in sight of the race officer.

### **8.3 Shortened Course**

International Code Flag "S", flown together with the class flag, will indicate a shortened course. Competitor's attention will be drawn to the flag by two short sound signals.

The shortened course signal will be made when the leading boat has rounded what will be the last mark of the course or, if this is not in sight of the race officer, when the leading boat comes in sight of the race officer. The leading yacht will finish next time it crosses the finish line in either direction.

### **8.4 Order of Finishing and Lapping Rule**

Once the leading boat has finished all other boats in the same class race will finish when they next cross the finishing line in the same direction as the leading boat. Lapped boats will be awarded finishing positions following those boats which have completed the same number of laps as the leading boat. A boat which has lapped other boats, but fails to complete its last lap within the time limits (9.0) will be awarded a finishing position 1 ahead of the lapped boats which did finish their lap in within the time limit.

In handicap races finishing times will be recorded for all boats and an average lap time will be calculated for each boat. Places will be awarded according to average lap times.

## **9.0 TIME LIMITS**

Unless special instructions are issued, the time limit will be:

- 2 hours for all classes (when only one race is sailed in a day).
- 90 minutes for all classes (when more than one race is sailed in a day), and all Wednesday evening and winter races.

Boats failing to finish within 30 minutes after the first boat finishes or after the time limit, whichever is later will be scored 'Did not finish'.

## **10.0 PROTESTS**

Protests shall be submitted on an RYA protest form obtainable from the Race Officer. The following conditions will also apply:

- protests must be lodged with the Race Officer within 30 minutes after the last boat finishes, or 30 minutes after the end of the time limit, whichever is sooner
- no deposit is required
- the protest must comply with the provisions of rule RRS 61
- protests, where possible, will be heard on the same day. The time and place of the hearing will be advised by the Race Officer.

## **11.0 SCORING SYSTEM**

For a club series the number of races to count will be half the races sailed plus one. However, the Sailing Committee may vary this number if circumstances warrant.

The low point scoring system RRS Appendix A4.1 will apply, except that:

If only one boat comes to the start area in a race or class for class racing and completes the race as specified in RRS 90.3(a) then it will be given a second place score.

The officers of the day (OOD's) shall be awarded a (OOD) second place score, provided they sail at least one race in the series. OOD places will only be awarded when a race is scored as specified in RRS 90.3(a). They will only be awarded a maximum of two OOD scores in any one series even if they are OOD in more than 2 races. In a class racing series provided that a race is scored OOD points will be awarded even if no boat in the OOD's class raced.

## **12.0 ALTERNATIVE PENALTIES**

### **12.1 Touching a Mark**

Rule 44.1 shall not apply. The following shall apply instead:

- a) When a boat infringes rule RRS 31 she may exonerate herself by completing the rounding of the mark leaving it on the required side, and thereafter re-rounding it or re-passing it without touching it. This shall be as required to sail the course in accordance with rule RRS 28 and the Sailing Instructions.

b) When a boat touches:

- i) a starting mark (after the preparatory signal) she shall carry out the re-rounding after she has started
- ii) a finishing mark (when finishing but before the boat, spars and equipment have cleared the finishing line) she shall carry out the re-rounding and cross the finishing line in accordance with the definition of finishing.

## **12.2 Alternative Penalties**

Alternative penalties as per rules RRS 44.1 & 44.2 "Two Turns Penalty" will apply for infringements of a rule of Part 2 of the RRS (When Boats Meet).

## **13.0 LOCAL VARIATIONS**

### **13.1 Keeping clear before the start**

Boats not manoeuvring for their start shall keep clear of boats that are racing. After a warning by the Race Officer a boat that continues to fail to keep clear may be disqualified without protest from its subsequent race.

### **13.2 Meeting of boats in different classes during class racing**

All race rules will apply as if the boats were competing in the same race and take the appropriate penalty if an infringement of the racing rules takes place.

## **14.0 VISITORS**

All competitors, if not already members of Twickenham Yacht Club, shall be deemed to be temporary members of Twickenham Yacht Club during the period of an Open Meeting or a club event, and as such, shall abide by all Club Rules. Their attention is drawn to Club Rule 9 "Limitation of Club's Liability" which states:

Members of the Club their guests and visitors may use the Club premises and any other facilities of the Club entirely at their own risk and impliedly accept that:

- i) The Club will not accept any liability for any damage to or loss of property belonging to members their guests or visitors to the Club.
- ii) The Club will not accept any liability for personal injury arising out of the use of the Club premises and any other facilities of the Club, or out of participation in any race organised by the Club, whether sustained by members, their guests or visitors, or caused by the said members, their guests or visitors, whether or not such damage, or injury, could have been attributed to or occasioned by the neglect, default or negligence of any of the Club officers, committee, or servants of the Club.
- iii) Before inviting any guests, or visitors, onto the premises, or to participate in events organised by the Club, members will draw their attention to this rule.

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